I have never ordered anything from a telemarketer - nor have I changed my long-distance service, accepted a credit card, or had my carpet cleaned. I am a perfectly capable adult human who is able to use the internet, mail, phone, and word of mouth to successfully find the products and services I need at a price I'm willing to pay.

I highly resent having to put down MY day in my OWN house to receive a sales pitch. I've had to leave the bath, put down my infant son, stop a game with my family, get up from dinner.... This is my life that I've had to STOP to listen to unsolicited sales pitches.

Please create a list that I have to JOIN to receive telemarketing calls. Or a central list that I can call to be REMOVED. I have to pay to have a phone in my house, and I resent having it used to bring unsolicited sales pitches inside my own four walls.

Thank you for your efforts.